



HIGH PEAKS HOSPICE & PALLIATIVE CARE, INC.



Our mission is to provide excellent quality of service and care to patients and their families dealing with a life limiting illness. By emphasizing patient choice and dignity, hospice allows the individual to maintain the highest quality of life and to live each day as fully as possible.

For Immediate Release:
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Contact: Sunday Conine
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Up Yonda Farms to Host 2nd Annual Snowshoe Benefit for High Peaks Hospice & Palliative Care, Inc.

Queensbury— *Here is your chance to get out of the house and support a worthy cause, all while enjoying the beautiful scenery and a relaxing day of snowshoeing! Come snowshoeing with us at Up Yonda Farms on Saturday, February 13th at 9am to benefit High Peaks Hospice & Palliative Care, Inc.*

“Snowshoeing is a great way for families to be active, get outdoors and have some fun,” says Sunday Conine, Development Coordinator for High Peaks Hospice. “This event will raise funds to support the patients and families of our area, as well as the compassionate care our nurses, social workers, chaplain and bereavement coordinators provide to the members of our community who are faced with a life-limiting illness. We encourage individuals and families to attend,” adds Sunday. Snowshoes are available for adults and kids, and pre-registration is required to reserve them. The cost is \$15/pp, \$25/couple and \$30/family (up to 5), and parking is \$4 per car. Please call Sunday at 743-1672 x. 117 or email her at sundayconine@highpeakshospice.com to pre-register or for more information. Pre-registration forms may be downloaded at www.highpeakshospice.com. Please pre-register by February 5th, 2010.

High Peaks Hospice & Palliative Care, Inc. provides a holistic approach to end-of-life care. Our team of professionals include nurses (RNs and LPNs), social workers, home health aides, a hospice physician, a bereavement counselor, trained volunteers, chaplains, nutrition counselors and therapists. Hospice is appropriate for any individual, no matter their age, who has been diagnosed with any life limiting illness. Services are covered by the Medicare Hospice benefit as well as private insurance. Contact with hospice should be made as soon after terminal diagnosis as possible. Families who are unsure if their loved one would qualify for hospice services should contact High Peaks Hospice directly for answers to their questions.

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Note: to find out more about High Peaks Hospice & Palliative Care, Inc. please call (518) 743-1672.

www.highpeakshospice.com

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